

The snap-Z-cast...

...start with the rod-tip close to the water's surface and lift the fly-rod, slowly, using the forearm, in a vertical plane...



Wind direction



Water flow

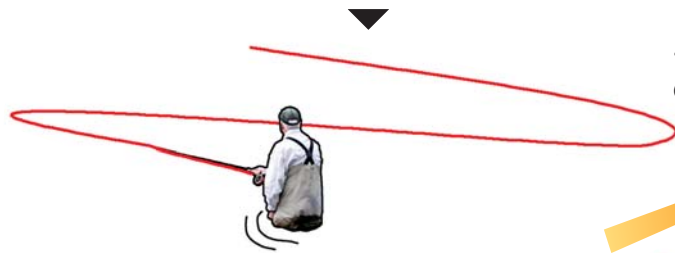
Lift-line

Casting-line

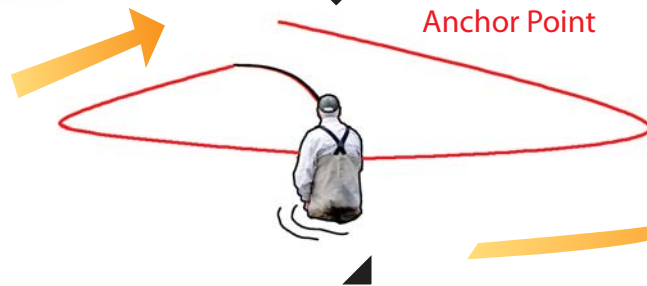
Body-line

...bring the rod-tip back in the same plane with a snappy action...

...this will create momentum in the fly-line, causing it to travel in the same plane that the rod-tip is lifted and snapped and stopping the snap quickly a Z loop will be formed on the water...

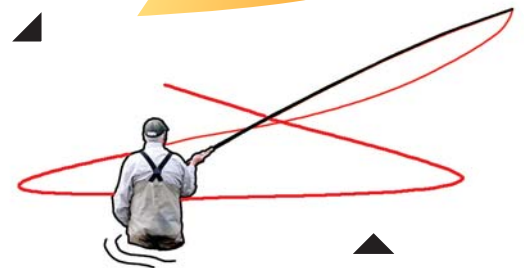


...slowly peel the fly-line back off the water, gradually lifting and accelerating the rod-tip...



Anchor Point

...as the rod-tip passes over the anchor-point lift more steeply...

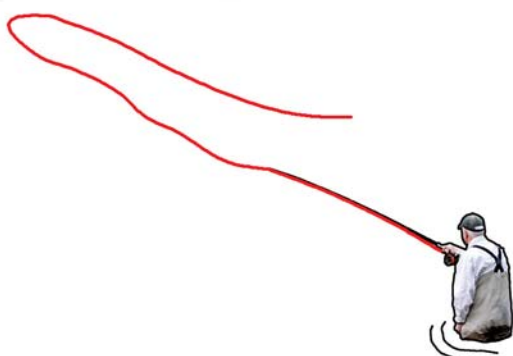


...when the D-loop is fully formed, begin the forward cast, accelerating and tracking the rod-tip along a straight-line path...



...and circle-up whilst the D-loop or V-loop is formed...

...stop the fly-rod at the end of the casting-stroke to form a forward loop...



...and follow the fly-line down to complete the snap-Z-cast.